

Exploring the Relationship between Learners' Aggressive Behaviour and Disrupted Family Life

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ABSTRACT This paper debates the assumption that the disrupted family life contributes to aggressive behaviour exhibited by learners. The literature review showed that some aspects of the disrupted family life contribute to aggressive behaviour in learners. A small-scale research study was conducted in the Free State province of South Africa to explore whether the framework and findings taken from the literature on learners' aggressive behaviour are applicable in the context of South Africa. The data indicated that negativity in some families potentially results in learners' aggressive behaviour. The paper recommends intervention strategies that target learners and family members in order to reduce learners' aggressive behaviour. The inclusive intervention programmes outlined in the article are essential for reducing the negative effects on individuals, in the schools and in the family